



Program

Patellofemoral Pain Clinical Symposium

International Patellofemoral Pain Research Network

Saturday, October 4, 2025

**Starr Center Mass General Brigham Mass Eye and Ear
185 Cambridge St., Boston MA 02114**



Learning objectives

At the end of the symposium, attendees will be able to:

- describe the primary subjective and objective features of people with PFP
- identify appropriate interventions based on the features of people with PFP
- identify the key summary findings and emerging evidence from the PFP research retreat

0830 – Registration

- Coffee and light breakfast

0900 - Welcome

0910 - Summary of the retreat

- Review main themes, what this adds to existing knowledge, next steps

0930 - Session 1 - Optimising your subjective assessment in people with PFP

- 30min presentation [History taking, hypothetico-deductive reasoning, best practice guidelines (BPG) reasoning model - elicitation of key domains, reflective questioning] (**Neal Glaviano**)
- 3x5mins - rapid update of emerging evidence
- 15mins Q&A

1030 - Coffee

1100 - Session 2 - Achieving a precision objective assessment to identify treatment targets

- 30min presentation [Targeted assessment approach, identification of deficits] (**Chris Powers**)
- 3x5mins - rapid update of emerging evidence
- 60mins - Practical: conduct an assessment - history, objective assessment, case study (**Simon Lack**)

1245 - Lunch

1345 - Session 3 - Delivering a patient centred rehabilitation plan

- 45min presentation:
 - Education (**Danilo de Oliveira Silva**)
 - Adjuncts - taping, orthoses (**Bradley Neal**)
 - Rehab - exercise interventions (**Michael Callaghan & David Selkowitz**)
- 3x5min - rapid update of emerging evidence
- 60mins – Practical: deliver a patient centred, deficit-targeted rehabilitation programme (**Michael Callaghan & David Selkowitz**)

1545 - Coffee (15mins)

1600 – Session 4 - Rehabilitating the Runner with PFP Practical examples -

- 60mins Presentation (**Irene Davis**)

1700 - Embedding BPG in clinical practice

- 25 min Clinical reasoning scenarios, Q&A

1725 - Closing remarks

1730 - Conclude

Approved CEUs: APTA of MA 7.0; BOC 6.75 Category A

